

PSHE/ SRE Curriculum Framework

	Term 1: Group Building	Term 2: The Physical Self	Term 3: Emotions	Term 4: Relationships	Term 5: Sexual Expression	Term 6: Being Healthy and Staying Safe
EYFS / KS1 Apples Class	This is Me Me and Others Things I Like and Dislike	Gender identification; Girl, Boy, Man, Woman Growing and Changing Hygiene	Emotions Choices and Rights	Presentation of Self Friends vs Strangers People Who Care About Me.	Public Places vs Private Places Personal Belongings	Bullying Stranger Danger Personal Care
KS2 /KS3 Mangos, Pears and Strawberries Class	This is Me Me and Others Things I Like and Dislike	Puberty Hygiene Menstruation Pregnancy and birth	Emotions Choices and Rights	Presentation of self Friends vs Strangers People Who Care About Me.	Sexual Experience Personal Attraction Development of a Physical Relationship	Bullying Cyber Safety Personal care
KS4/KS5 Pineapples and Grapes Class	This is Me Me and Others Things I Like and Dislike	Hygiene and Puberty Pregnancy and Birth Menstruation	Emotions (including Jealousy and Embarrassment) Choices and Rights	Forming Intimate Relationships Homosexuality	Sexual Experience Masturbation	Bullying Cyber Safety Personal Care Sexual Health Contraception Abortion