DISHES AND THEIR ALLERGEN CONTENT - [The Spalding Special Schools Federation]

DISHES						Lupin Flour	Milk		MUSTARD			ISAM O		Boor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken& Broccoli Pasta Bake		✓		√			✓		✓					
Syrup Sponge		✓		√			✓							
Meat Balls		✓					✓							
Tomato Sauce for Pasta	✓	✓					√							
Sausage & Bean Casserole	✓	✓					√		✓					
Courgette crumble		✓					✓							
Mushroom & Potato Pie	✓	✓					√							

Review date: Reviewed by:



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