

GARTH SCHOOL MENU Prepared by The Priory School

8 <sup>th</sup> January-12 <sup>th</sup> January 2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Curry & Rice & 1 veg & Potatoes	Chicken Pie & Mash 2 veg & Gravy	Cornish Pasty Baked Beans Mash	Fish Cake & Potato Wedges Spaghetti Hoops	Pasta Bolognese & Peas & Potatoes
	Tuna & Sweetcorn Baguette with Salad	Cheese & Egg with Salad	Crispy Veg Bake with Salad	Ham with Salad	Cheese Lattice with Salad
	Fruit Flapjack & Milk	Rice Pudding with Jam	Date Slice & Ideal Milk	Banana Sponge & Custard	OatMeal Cookies & Milk
	V Vegi Curry	V Quorn Pie	V Quorn Fillet	V Quorn Sausage	V Quorn Bolognese
15 <sup>th</sup> January-19 <sup>th</sup> January 2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Fish Fingers with Chips & Baked Beans	Chilli in a Jacket Potato	Chicken & Broccoli Pasta Bake & Garlic bread & Potatoes	Sausage Pie Roast Pots 2 Veg with Gravy	Meat balls & Pasta in Tomato Sauce & Potatoes
	Cheese & Egg with Salad	Turkey Baguette with Salad	Sausage Roll with Salad	Beef Burger with Salad	Tuna & Lettuce Wrap with Salad
	Lemon Crunch & Custard	Syrup sponge & custard	Jam Tart & Custard	Tinned Peaches & Ideal Milk	Apple Crumble & Custard
	V Cheese & Egg	V Quorn Chilli	V Veg Pasta Bake	V Vegi Sausage	V Quorn Balls
22 <sup>nd</sup> January- 26th January 2018	Monday	Tuesday	Wednesday	Thursday	Friday
	Pork Curry & Rainbow Rice & Potatoes	Chicken Casserole & Crusty Bread & Potatoes	Lasagne, Tossed Salad Garlic bread	Sausage Mash Pots & Swede & Carrot	Battered Fish & Chips Baked Beans
	Egg & Cress Baguette with Salad	Ham with Salad	Fish Finger with Salad	Scotch Egg with Salad	Cheese with Salad
	Lemon Sponge & Custard	Coconut Tart & Custard	Cherry Pie & Ice cream	Strawberry Shrotbread	Chocolate Crunch & Milk
	V Quorn Curry	V Quorn Casserole	V Vegi Lasagne	V Vegi Sausage	V Quorn Fillet

Meals prepared daily / fresh fruit and yogurt always available

Please see the Allergens Chart on our website [www.spaldingspecialschools.co.uk](http://www.spaldingspecialschools.co.uk)