

LUNCH MENU

28 January – 1 February 2019		Monday	Tuesday	Wednesday	Thursday	Friday
	M	Macaroni Cheese with Ham and Peas	Pork Goulash and Rainbow Rice	Sausage Casserole with Mashed Potato	Cottage Pie with Peas, Carrots and Gravy	Fish Finger Wrap with Homemade Wedges, Salad
	V	Macaroni Cheese with Mushroom and Peas	Vegetable Goulash and Rainbow Rice	Vegetarian Sausage Casserole with Mashed Potato	Quorn Cottage Pie with Peas, Carrots and Gravy	Homemade Crispy Cheese and Vegetable Bake with Homemade Wedges, Salad
	G	Ham, Pea and Mushroom GF Pasta	Pork, Pepper and Onion with Rainbow Rice	Hargrave's GF Sausage, Gravy and Mashed Potato	Cottage Pie with Peas, Carrots and Gravy	GF Fish Finger Wrap with Homemade Wedges, Salad
	S	Tuna Niçoise	Mushroom Cous Cous	Coronation Chicken	Cheese Salad	Roasted Vegetable Cous Cous
	D	Oatmeal and Raisin Cookie	Jam Sponge and Custard	Apple Pie and Custard	Cherry Cheesecake	Flapjack

4 – 8 February 2019		Monday	Tuesday	Wednesday	Thursday	Friday
	M	Pork Steak with Apple Sauce and Mashed Potato	Beef Mince and Vegetables with Gravy	Sweet and Sour Chicken and Rice	Sausage, Vegetables and Yorkshire Pudding	Homemade Ham and Cheese Pizza, Oven Chips
	V	Butternut Squash, Creamy Mushroom and Sage Risotto	Savoury Vegetable and Lentil Crumble	Vegetable Spring Roll and Noodle Salad	Quorn Sausage with Vegetables and Yorkshire Pudding	Homemade Cheese and Tomato Pizza, Oven Chips
	G	Pork Steak with Apple Sauce and Mashed Potato	Beef Mince and Vegetables with Gravy	Sweet and Sour Chicken and Rice	Hargrave's GF Sausage, Vegetables and Gravy	Red Pepper and Herby Omelette, Oven Chips
	S	Roasted Vegetable Cous Cous	Tuna Baguette	Noodle Salad	Roasted Tomato and Herb Cous Cous	Ham Salad
	D	Chocolate Chip Cookie	Sultana Sponge and Custard	Kiwi and Mandarin Cheesecake	Apple Crumble and Custard	Lemon Crunch

11 – 15 February 2019		Monday	Tuesday	Wednesday	Thursday	Friday
	M	Tuna Cheese and Jacket Potato with Beans	Chicken and Pesto Pasta	Mince Beef and Vegetable Pie, Mashed Potato and Gravy	Sausage, Vegetable and Mashed Potato with Gravy	Chinese 5 Spice Chicken with Egg Noodles and Vegetables
	V	Cheese and Jacket Potato with Beans	Chickpea Felafel and Salad Wrap	Quorn Mince and Vegetable Pie, Mashed Potato and Gravy	Quorn Sausage, Vegetable and Mashed Potato with Gravy	Chinese 5 Spice Vegetables and Mushrooms with Egg Noodles
	G	Hargrave's GF Sausage, Jacket Potato and Beans	Chicken, Roasted Tomato and Pepper Pasta	Mince Beef and Vegetable, Mashed Potato and Gravy	Hargrave's GF Sausage and Mashed Potato with Gravy	Chinese 5 Spice Chicken, Vegetables and Rice
	S	Mushroom, Onion and Pepper Quiche	Roasted Vegetable and Herb Cous Cous	Tomato, Cannelloni Bean and Herb Salad	Ham Salad	Sausage Salad
	D	Rice Pudding	Butterscotch Tart with Cream	Chocolate Sponge with Chocolate Sauce	Lemon Love Cake and Evaporated Milk	Flapjack