

Minor head injuries often cause a bump or bruise. As long as the person is awake (conscious) and with no deep cuts, it's unlikely there will be any serious damage.

Other symptoms of a minor head injury may include:

- a mild headache
- nausea (feeling sick)
- mild dizziness
- mild blurred vision

It is important that the pupil is closely monitored, until such times as they are ready to re-join their class.

If these symptoms get significantly worse or if there are other, more serious symptoms (detailed below), go straight to the accident and emergency (A&E) department of the nearest hospital or call 999 to request an ambulance.

Where possible the pupil should also be seen by one of the appointed First Aiders who will decide if any further action needs to be taken.

- unconsciousness, either briefly or for a longer period of time
- difficulty staying awake or still being sleepy several hours after the injury
- clear fluid leaking from the nose or ears – this could be cerebrospinal fluid, which normally surrounds the brain
- bleeding from one or both ears
- bruising behind one or both ears
- any sign of skull damage or a penetrating head injury
- difficulty speaking, such as slurred speech
- difficulty understanding what people say
- reading or writing problems
- balance problems or difficulty walking
- loss of power or sensation in part of the body, such as weakness or loss of feeling in an arm or leg
- general weakness
- vision problems, such as significantly blurred or double vision
- having a seizure or fit (when your body suddenly moves uncontrollably)
- memory loss (amnesia), such as not being able to remember what happened before or after the injury
- a persistent headache
- vomiting since the injury
- irritability or unusual behaviour

Recording and Reporting

1. Record it in the accident book in the office
2. Make a record on School Pod
3. Send home a head bump letter
4. Office to call home to the parents telling them that there is a letter in their bag, or inform of ambulance/hospital visit